Krabi Wellness Trips

4 Days 3 Nights

What is wellness?

Wellness is holistic health care. Both physically and mentally the focus is on prevention before disease occurs and lifestyle adjustments are made with modern medical technology to take care of health together. To lead to the results of holistic health Including leading to a good life.

We recognize the importance of wellness. Therefore, we have organized a wellness tourism program to allow you to relax both physically and mentally. And choose to soak in the salty hot springs, which is an important and famous place in Krabi.



Day 1 Krabi International Airport - 4 Islands

Thale Waek - Phra Nang Cave Beach - Chicken Island - Poda Island

Transfer to Hotel (Private)

(-/L/D)

xx.xx. Pick up at Krabi International Airport by VIP van into Krabi town.





10.00 a.m. Take you on a Hua Thong boat to Khao Khanap Nam, which is the highlight of Krabi Province and take photo.









Lunch Time at "**Tobiko**" Japanese Restaurant. Fresh ingredients and famous japanese restaurant in Krabi Town. (1st meal)





Depart to Pudam pier to get on LUXURY LONGTAIL BOAT is a beautiful, unique experience often associated with the stunning coastlines of Thailand and other Southeast Asian countries. Long tail boats are traditionally used for fishing or transportation in coastal regions, but luxury versions of these boats offer a more upscale, comfortable experience while still maintaining their rustic charm.









Sightseeing and visit Railay Beach Walk to Pha Nang Cave. Discover the beauty of Tub Island, Chicken Island & Mo Island





Take a picture at Chicken Island, see colorful corals clownfish and variety of fish





Yoga Activity on the beach at **Poda Island**. The sound of the waves, the feel of the sand beneath you, and the fresh ocean breeze all make for the perfect environment to relax and center yourself.





Sightseeing **Tha-Le Waek** (Unseen in Thailand) also known as the "**Separated Sea**" or "**Hidden Paradise**," is a stunning and unique natural phenomenon. It is a beautiful, secluded area where, at low tide, a sandbar emerges from the sea, connecting small islands and creating a picturesque path that allows you to walk between them.





Enjoy your seasonal fruit time on the Poda Island After that relax at the beach and enjoy swimming in the clear water





Depart for Pu Dam Pier and transfer to Check-in at Hotel. Enjoy your dinner at your hotel. (2nd Meal) **Saline Hot spring Resort** The resort offers a salted hot spring bath for relaxation. There are hot springs in your private room and public hot springs, and hot springs can also cure many diseases.





Amataya Wellness At Amataya Residence, you can indulge yourself in a salt hot spring pool in the privacy of your backyard whenever you want. With plenty of healing benefits derived from the mineral properties of Klongtom Salt Hot Spring.





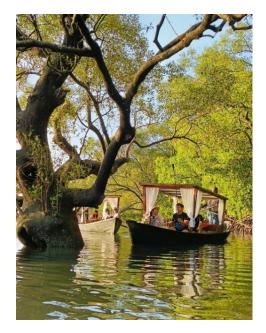
MahutsachanKhlongThom surrounded by nature and enriched with pure saline hot spring water—one of the rarest in the world. Make this special day





04:00 a.m. See the first light of the day ride on "Charcoal Boat" decorated and serve as comfortable tourist boat. And enjoy your breakfast (3rd Meal) on the boat. Visit ecotourism community deeply connected to the mangrove forest running along both sides of the canal.





Excited learnning how to cook **Coconut Sticky Rice wrapped with coconut leaf**. In thai said "Kao Tom Mad Hor Bai Ma Prao" Local food of Baan Ra Mard, Koh Lanta. Cooking local food can really connect you to a place's culture and traditions. The process is both fun and rewarding.





After Local Activities. Transfer to hotel.

Relax Time at the spa of your hotel.

Soaking in the hot springs helps treat aches and pains and illnesses including chronic skin diseases, diabetes, and irregular periods. and many others them as well. In addition, soaking in hot springs has a beneficial effect on beauty for people of all ages. Both children and adults And there are also people who count hot spring baths as part of their skin care regime.













18.00 P.M. Enjoy your dinner at Hotel (4th Meal)

(M/L/D)

08.00 a.m. Breakfast at Hotel (5th Meal)

09.00 a.m. Visit Wat Klong Tom Museum. The museum exhibits various artifacts discovered during excavations of an area called "Khuan Luk Pat" or a bead mound behind Wat Khlong Thom. Unearthed artifacts include stone tools, bronze implements, metal coins, pottery shards, ceramic and stone decorative art and colored beads that are over **5,000** years old.









11.00 a.m. Enjoy Lunch (6th Meal) at WAREERAK dine in peacefully among our orchards. Just relax and enjoy our special dishes made with energizing, healthy ingredients. We serve local organic food with fresh seasonal fruits and vegetables from our garden and local communities.





13.00 p.m. At Wareerak spa provide you with wellness activities. Spa/Hot SpringPass/Massage and Treatment/Traditional Thai Medicine.





After relax at Wareerak Spa&Wellness. We will serve you a beautiful Café "Mahutsachan Café" this thai word mean amazing. To take a picture with great view and great food. (food and beverage not include in package)





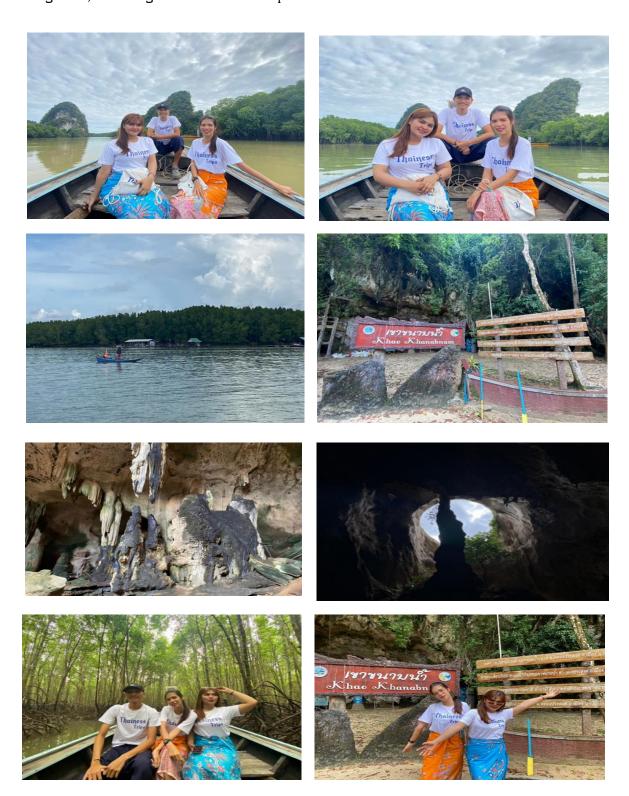




xx.xx Transfer Back to Your Hotel. With Mahutsachun feeling. Enjoy your dinner at your hotel. (7th meal)

Brakfast at your hotel. (8th Meal)

After that, take a boat trip to see the way of life of villagers along the river, Then going through the mangroves, watching various kinds of aquatic animals.



 ${\bf 11.20~a.m.}$ And we'll have lunch at Kanab nam View Seafood restaurant. It's a popular restaurant in Koh Klang (${\bf 9}^{th}$ Meal)





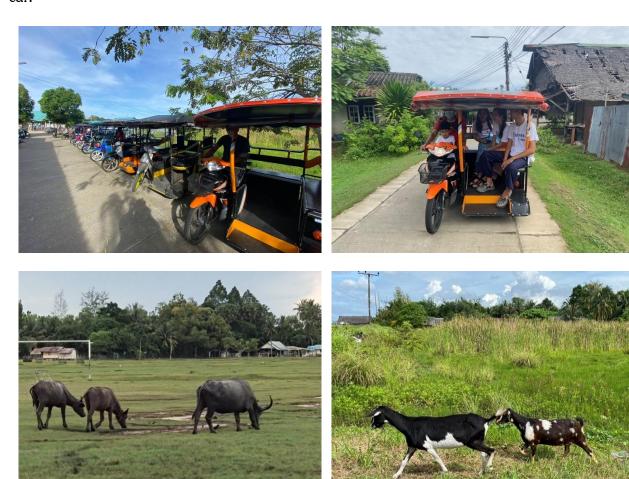








12.20 p.m. After lunch take you to see the traditional rice milling using human labor by side car.



This will show the process of changing from paddy to milled rice.









12.40 p.m. Products from coconut shells is a local handicraft which is the processing of coconut shells to have a higher value can be sold as a souvenir. There are many products made from coconut shells, such as keychains, earrings, hair clips, bracelets, and fridge magnet.













O1.10 p.m. Leading you to making tie-dyed fabrics using natural dyes at Renpa-Renma through the art process of making fabrics. causing the cloth that you made out to be the only one in the world You can use your creativity in dyeing fabrics with a good atmosphere.

















02.30 p.m. Going back to Thara park pier by Hua Thong boat and Transfer back to your hotel.









xx.xx Transfer to Airport with an impression.

Service rate price per person

Saline Hot Spring Resort

From 1 April 2025-31 March 2026

2 persons	4 persons	6 persons	8 persons	Single	Extend
				Room	stay/night
				added	/person added
31,900	22,900	19,900	18,900	1,800	1,350

Remarks: Child 4-10 years (Sharing existing bed) 22,300 THB.

Child 4-10 years (Extra-Bed) 25,500 THB.

AMATAYA WELLNESS

From 1 April 2025-31 March 2026

2 persons	4 persons	6 persons	8 persons	Single	Extend
				Room	stay/night
				added	/person
					added
36,900	27,900	24,900	22,900	6,150	4,500

Remarks: Child 4-10 years (Sharing existing bed) 25,800 THB.

Child 4-10 years (Extra-Bed) 29,500 THB.

Mahutsachan Klong Tom

From 1 April 2025-31 October 2025

2 persons	4 persons	6 persons	8 persons	Single	Extend
				Room	stay/night
				added	/person
					added
36,900	28,900	25,900	23,900	6,150	4,500

Remarks: Child 4-10 years (Sharing existing bed) 25,800 THB.

Child 4-10 years (Extra-Bed) 29,500 THB.

From 1 April 2025-31 October 2025

2 persons	4 persons	6 persons	8 persons	Single	Extend
				Room	stay/night
				added	/person
					added
39,000	30,900	27,900	26,900	8,250	5,800

Remarks: Child 4-10 years (Sharing existing bed) 27,300 THB.

Child 4-10 years (Extra-Bed) 31,200 THB.

The package price included:

- ✓ -2 ways airport transfer
- ✓ -Tour of 4 islands in the Thale Waek LUXURY LONGTAIL BOAT
- ✓ Beach Yoga
- ✓ -Transfer Boat to Kho Klang
- ✓ -Sidecar at Kho Klang
- ✓ -Batik Boutique Workshop
- ✓ -Free Batik Shirt
- ✓ -Charcoal Boat at Tung Yee Peng
- ✓ -Class for coconut sticky rice at Baan Ra Mard
- ✓ -Hotel Spa
- ✓ -Soaking and massage at Wareerak Wellness&Spa
- ✓ -3 Nights stay at the hotel (2-3 person/room)
- √ -9 meals provided as listed.
- ✓ -Expert tour guides on trip.
- ✓ -Accidents insurance
- ✓ Life jacket, Snorkel

The package price excluded:

- **x** -Other personal expenses
- × -National Park Fee for Foreigners 500 THB
- × -Round- trip air tickets
- Value added tax 7% and withholding tax 3%